

## **Top safety tips for families this March**

### **Why are mini eggs a big safety risk?**

It's that time of year again when mini eggs are lining the shelves. But did you know that they're the perfect size and shape to completely block a small child's airway and choke them? Or that their hard shell can make it difficult to dislodge with standard first aid techniques?

That's why they aren't recommended for small children. So, please stay safe and choose another treat for your little one this Easter. Larger, hollow eggs are much safer.

### **Baby bath seats warning**

While bath seats are great for supporting your baby in the bath, they're NOT safety aids. Babies have drowned in bath seats when parents mistakenly believed it was safe to step out of the room for a moment.

It's scary to think about but babies can drown in just a few centimetres of water, very quickly and with no noise or struggle to alert you. That's why it's important to stay with your baby all the time, keeping them in arms reach.